

## **FASCIAL MANIPULATION® COURSE LEVEL III**

The 3<sup>rd</sup> Level of Fascial Manipulation is aimed at healthcare providers who have completed FM Levels I and II. It is divided into seven days, for a total of 54 hours, distributed over two or three weekends.

The 3<sup>rd</sup> level course provides students with concepts that underlie internal dysfunction. This requires studying the anatomy and physiology of the visceral, vascular and glandular fasciae. It explains how to associate CCs and CFs, which have already been learned during previous courses, in order to recreate optimal conditions for internal organs to return to their physiological functioning.

Each day there are practical exercises including clinical demonstrations and treatment performed by the instructors.

The program includes:

- anatomy and physiology of the internal and superficial fascia
- pathology of the internal and superficial fascia
- study of tensile structure and of Organ-Fascial Sequences
- Study of Systems with their internal and external components
- Manipulation for the treatment of superficial fascia

## **FASCIAL MANIPULATION® MASTER CLASS LEVEL III**

It is for those who have completed Fascial Manipulation Levels I, II, III. Course offers a review of internal dysfunction concepts. It is a deepening study of the therapeutic approach for complex cases, which require advanced manual skills.

This course is for three days, for a total of 24 hours, taught over one weekend.

The 3<sup>rd</sup> Level Master Class offers a review, an update and an in-depth look at some aspects of the internal issues.

The review begins with the main theoretical concepts and then reviews and focuses on the treatment guidelines.

It extends the therapeutic approach to complex cases which require more advanced clinical reasoning and manual skills.

It emphasizes treatment strategies, including time and visit scheduling

It stresses the importance of the treatment of systems, which is essential for the successful approach of chronic and structural dysfunction.

# **FASCIAL MANIPULATION®**

**FOR INTERNAL DYSFUNCTIONS**

## **Level III**



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## PREFACE

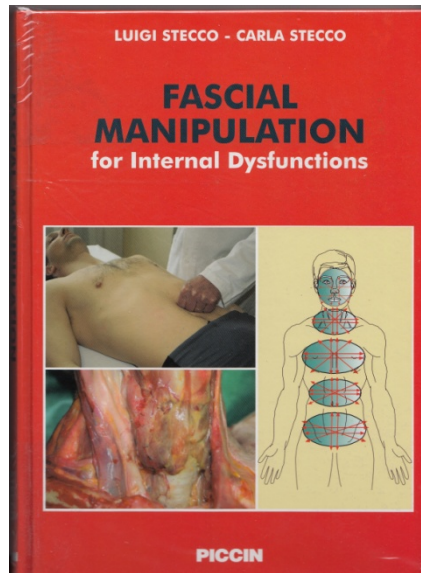
### to “Fascial Manipulation® for Internal dysfunctions” Theoretical Part

...”This book examines all facets of the fascia, demonstrating how this is the only tissue of the human body that modifies its consistency when under stress (plasticity) and yet is capable of regaining its elasticity when subjected to manipulation (malleability).

I particularly appreciate the concept of the tensile structures that explain perfectly how the different trunk cavities can interact with the internal organs. The fasciae of the trunk are arranged according to the principles of tensile structures, allowing for ample trunk movements without interfering with the function of the internal organs. This concept effectively shifts the therapist’s attention from the organ itself to its “container”, and treatment can then focus on recreating a suitable environment within which the organs can move according to their physiological rhythms...

Based on these considerations, one may deduce that this manual by Stecco represents a useful instrument for all therapists interested in treating internal dysfunctions without the use of medications (such as antacids, pain killers, antispasmodics etc.), which often mask the signs and symptoms expressed by the human body. “...

*JP Barral, Diploma in Osteopathic Medicine  
European School of Osteopathy of Medicine, Paris  
Nord*



## PREFACE

### to “Fascial Manipulation® for Internal dysfunctions” Practical Part

...” Understanding this method gave me a further tool to investigate the patient and discover the relation between different pathologies, overcoming the dualism between human musculoskeletal system-internal organs, and instead seen as cause-consequence of each other’s alteration, and helped me to set up a global treatment. This treatment does not cure a single muscle or organ, but the whole person.

This book is recommended to physiotherapists, osteopaths and all the professionals who work with hands, because it gives an exceptional tool to cure many internal dysfunctions. But it is also suggested to medical doctors, because internal dysfunctions are finally getting the attention they deserve. A field so far disregarded or treated superficially by conventional medicine, often dealing with it by covering the symptoms with analgesics. ...”

*Marta Imamura, MD, PhD Collaborative Professor,  
Department of Orthopaedics and Traumatology,  
University of São Paulo.*

