



EFFORTLESS SPINAL MANIPULATION KEY SPINAL TECHNIQUES INTEGRATED WITHIN A MODERN PAIN SCIENCE PERSPECTIVE

7 - 9 SEPTEMBER 2019

DR. TIMOTHY FLYNN

COURSE DESCRIPTION: There is an epidemic of pain in modern society and physiotherapists have a large role in reversing this epidemic and creating healthier populations. This course is designed to refine our hands on manipulation skills in a framework of modern pain sciences. Developing exceptionally caring hands, keen listening skills, and empowering patient messages are all part of the package of effective clinical care. Understanding the role of poor breathing in persistent pain states provides a framework to utilize manipulation skills to foster healthy breathing across a spectrum of complaints in patients with persistent pain. This workshop will provide participants with improved manual and patient language skills and motivate them to make a difference in their community around the management of musculoskeletal pain disorders.

Main Objectives:

1. Confidently perform using minimal force several key mid cervical, thoracic spine & ribcage, and lumbar spine manipulation techniques.
2. Understand and apply a more wholistic use of pain education and spinal manipulation to assist in treating patients with persistent pain.



Dr. Flynn is board certified in Orthopaedic Physical Therapy (OCS), a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (FAAOMPT), a Fellow of the American Physical Therapy Association (FAPTA) and a frequent presenter at state, national, and international meetings. Dr. Flynn is widely published with 85 peer-reviewed manuscripts on musculoskeletal disorders and chronic spinal pain. Dr. Flynn is a world-renowned clinician. His primary clientele includes clients suffering from back pain, chronic spinal pain, failed back surgeries, and chronic pain disorders. He can be heard weekly on the Pain Reframed Podcast.

Venue: Zagreb

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